

# Olympic-size pool inaugurated at NIT-K

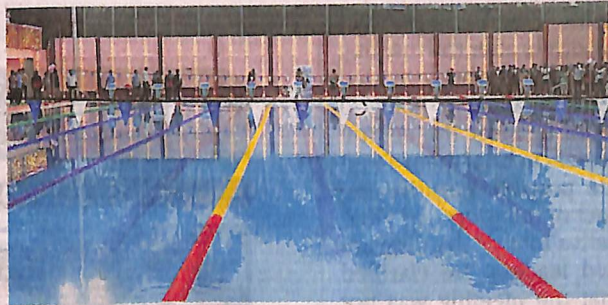
**The Hindu Bureau**

MANGALURU

A new state-of-the-art Olympic-size swimming pool was inaugurated at the National Institute of Technology - Karnataka (NIT-K), Surathkal, on Wednesday.

The pool (50m x 25m) has 10 lanes and an advanced Ozone-based filtration system for eco-friendly, chemical-free water treatment.

The construction of the pool at a cost of ₹7.39 crore began in July, 2023.



A view of the new Olympic-size swimming pool at NIT-K Surathkal in Mangaluru on Wednesday. SPECIAL ARRANGEMENT

The pool supports various swimming competitions, training camps, and fitness programmes.

The NIT-K will host the

All India Inter NIT Sports Meet 2024-25 for three days from January 10, 2025 featuring swimming, athletics, and power

sports, a release from the institute said.

Speaking at the inauguration, P. Radhakrishnan Nair, Dronacharya awardee and chief coach of the Indian national athletics team, said that regular exercise is vital for professionals to manage stress and ensure a healthy work-life balance. Physical fitness also plays a critical role in aging gracefully.

Director of NIT-K B. Ravi said that the pool is a jewel in the crown of NITK's sports infrastructure.